



KALYANI CHARITABLE TRUST'S
R.G.SAPKALCOLLEGE OF PHARMACY
Kalyani Hills, Sapkal Knowledge Hub, Anjaneri, Nashik-422 213



Womens Day Report

Topic	“Right Understanding of Health and Women Psychology”
Day and Date of Guest Lecture	Wednesday 08/03/2023
Time	10:00AM
Venue	Seminar Hall
Class	B.Pharmacy and M.Pharmacy
Guest Profile	Dr. Swati Jadhav Associate Professor SNJB's SSDJ College of Pharmacy Dr. Swati Chavan MBBS, DPM (KEM Hosp, Mumbai) Consultant Psychiatrist
Description of Lecture	The guest lecture was beneficial to all students. Dr. Swati Jadhav and Dr. Swati Chavan talked on following points: <ul style="list-style-type: none">● Health● Types of health● Importance of Health● Preventive measures of health● Mental health● Treatment of mental health● Women empowerment



Guest Lecture Incharge



Academic Incharge

Principal



Kalyani Charitable Trust's

RAVINDRA GAMBHIRRAO SAPKAL COLLEGE OF PHARMACY

Affiliated to : University of Pune :ID.No.PU/NS/B. Pharm/121/2008

Approved by : A.I.C.T.E. (F.No.08/01/MHA/PHARM/2008/001 dtd.. 24/06/2008),

D.T.E. Mumbai (No. 2/NGC/New Pharm/Manyata/2008/737 dtd. 25/07/2008),

Govt. of Maharashtra, Mumbai (No.TEM-2008/ (270/08)/Taanshi-1 dtd.30/06/2008)

Pharmacy Council of India, New Delhi, (No.401/32-802/2012-PCI) dtd. 23 May 2012

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NIRBHAY KANYA ABHIYAN REPORT

2022-23

Date: 25/02/2023, Saturday

Department: SDO

The nirbhay kanya abhiyan was celebrated under student development board of Savitribai Phule Pune University by KCT's R. G. Sapkal College of pharmacy on February 25, 2023. The main objective of this abhiyan is to develop a critical mind, self-confidence and a commitment to society. The lady students are given training in health, law, and social activities.

The function had begun with the "Sarsawati Poojan" by Dr. Vaishali Agrawal, MBBS, MD - Obstetrics & Gynecologist, and Prof. Dr. Minakshi Haribhau Gawali, Director of physical education and sports, KSKW College, cidco, Nashik, Prof. Dr. R.S. Bachhav, Principal of R. G. Sapkal College of Pharmacy. All the dignitaries were getting felicitated. After that Dr. Vaishali Agrawal ma'am talked on importance of health for the healthy life style. She has talked on how to take care of Hygiene during this busy schedule. What care should we have to take if girls are suffering from PCOD (Polycystic Ovarian Disease). She also personally interacted to the girls' students regarding their personal health issues. Then the second session was conducted by Dr. Minakshi Haribhau Gawali. She has explained the importance to learn self- defense to handle the unexpected situation arising in society. After that her four trained students of self-defense class gave the training of basic four to five moves to the all the girls students participants. Vote of thanks was given by Miss. Ravina Jadhav. The programme was ended with national anthem.



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